

A Weekend Immersion in Proprioceptive Writing®
Santa Sabina Center, San Rafael, CA,
October 6 – 8, 2017

Daily Schedule

Friday October 6

3 PM Check-in Begins

6 - 6:45 PM Dinner

7 PM Evening Session

Saturday, October 7

8 - 8:45 AM Breakfast

9:30 - 12:00 PM Morning Session

12 - 12:45 PM Lunch

1 - 3PM Rest, write, read, walk, make art - Santa Sabina offers lovely grounds,
a bookstore, a library, and an art and meditation space all for your use.

3 - 6 PM Afternoon Session

6 - 6:45 Dinner

7 - 9 Optional Evening Writing Session

Sunday, October 8

8 - 8:45 AM Breakfast

9:30 - 12 PM Morning Session

12 - 12:45 PM Lunch

2 PM Check Out