

3-Day PW Immersion, Santa Sabina

Sample Daily Schedule

THURSDAY

- 3 - 5 PM - Check-in
- 5:45 PM - Gather in the meeting room for a quick orientation
- 6 - 6:45 - PM Dinner
- 7:30 - Evening session

FRIDAY

- 8:00 - 8:45 AM - Breakfast
- 9:30 - 12:00 PM - Morning Session
- 12:00 - 12:45 PM - Lunch
- 12:45 - 3:00 PM - Free. Santa Sabina has lovely grounds, a bookstore, library, art and meditation space for our use. Dominican has a pool and workout facilities available at the Conlan Center for a fee.
- 3:00 - 6 PM - Afternoon session
- 6 - 6:45 - Dinner
- 7:00 PM - Optional evening session

SATURDAY

- 8:00 - 8:45 AM - Breakfast
- 9:30 - 12:00 PM - Morning Session
- 12:00 - 12:45 PM - Lunch
- 12:45 - 3:00 PM - Free
- 3:00 - 6 PM - Afternoon session
- 6 - 6:45 PM - Dinner
- 7:00 PM - Optional evening session

SUNDAY

- 8 - 8:45 AM - Breakfast
- 9 AM - Have all belongings out of rooms: luggage to cars or our conference room.
- 9:15 AM - 12:00 PM - Morning session
- 12:00 - 12:45 PM - Lunch

Everyone must be off campus by 2 PM